



# Through the Eye of the Needle

## WORKING WITH NEAR DEATH AND ANESTHESIA STATES

A 3 part special training with Peter. A. Levine (USA)\*



Every year, in the USA alone, over 50 million people undergo surgery and other invasive medical procedures, often with powerful dissociative and amnestic agents, including general anesthesia. Many individuals experience states similar to death from which they are revived. A surprising number of patients experience partial (or full) awakening during their procedures.

These terrifying ordeals can create deep ruptures in unconscious states; those that go far beyond our conscious/verbal capacity. This makes it difficult to access and heal. according to the National Institutes of Health, in different countries as much as 15% of the worldwide population have experienced at least one Near-Death Experience (NDE). Then in the US, according to the Near-Death Research Foundation, 774 (NDE's) occur every day!

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**Fragments of consciousness must be woven together again.**

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Some of the most widespread and unrecognized trauma symptoms occur with clients who have become "stuck" in these profoundly altered states of consciousness. It is as though they are caught between two worlds. Yet, when these fragments of consciousness are effectively woven together, these

same near-death experiences hold the extraordinary potential for profound positive and enduring personal and spiritual transformation.

Through the Eye of the Needle is the culmination of over 45 years of work by SOMATIC EXPERIENCING founder Peter A. Levine. For SEP's, these three seminars are the next step in expanding their range of competency in guiding clients through this perilous, yet potentially rich landscape. To this end, students will be challenged to acquire and practice complex techniques. Much of what SE students have learned during their training will be extended and broadened in this trilogy as they learn to navigate these powerful waters.

Eye of the Needle II and III will focus more on the practical applications of the material that was covered in part I. There will be a special focus on working with coma states including the extremely complicated work with post I.C.U. (intensive care units) debilitation. Theory, discussion and strategies for working with these complex challenges will be covered.

### DATES:

#### Module I:

June 17<sup>th</sup> – 20<sup>th</sup>, 2024

#### Module II:

July 15<sup>th</sup> – 19<sup>th</sup>, 2024

#### Module III:

September 22<sup>th</sup> – 36<sup>th</sup>, 2024

The three modules can only be booked together.

Repeaters pay 50% of the class fee.

### WORKING HOURS:

Starting on the first day at 10.30 am, ending on the last day at 1 pm, the 2<sup>nd</sup> module finishes at 1.30 pm

### COST:

CHF 4200.–

(Module 1 = 1200 CHF, Module 2 and 3 = CHF 1500 each)

### PREREQUISITE:

SE training completed or SE Advanced II completed by the time of „Eye of the Needle“ – Module 2

### LOCATION:

Hotel Rigi, Seestr. 53 - 55  
CH-6353 Weggis  
Tel: +41 (0) 41 392 03 92  
info@hotelrigi.ch,  
www.hotelrigi.ch

Please book your room directly at Hotel Rigi.

Demonstration clients will be discussed and extensively debriefed. During the practice sessions, students will receive close supervision during their Eye of the Needle work with each other. Special Case Consults dealing with the students' Eye of the Needle clients will be part of the later stages of this special training. Participants are encouraged to bring into class any questions that they have regarding theoretical material or clinical applications.

Students will be taught a theoretical framework for understanding altered states and near-death encounters. They will:

- Learn to recognize the broad array of problems that anesthesia and NDE's can cause.
- Learn the symptomologies of dislocated states of consciousness resulting from anesthesia and NDE's.
- Develop additional theoretical and practical frameworks. They will develop the skills needed to weave dislocated consciousness states together. And in doing so help move the client through the shock core (EoTN).
- Learn how to do an intake with a client who has possible anesthesia trauma and unprocessed NDE states.
- Become aware of their own unresolved surgical traumas and will work on these experiences in the triad exercises.
- Understand and Work with post I.C.U. debilitation.
- After learning how to access and integrate dissociated and dislocated altered states of consciousness, students will learn how to liberate problematic fixations.
- Develop and refine perceptual skills and practical tools
- Resolve difficult somatic symptoms
- Facilitate and integrate authentic spiritual experiences in working with Near Death Experiencing (NDE)
- Address these delicate states utilizing table touch work

This three-part special training offers a mixture of theory, demos and exercises to deepen clinical skills, exchange and debrief sessions, and engage discussions to enlarge the quality levels of the SE work further.

*\* Peter A. Levine, Ph.D. (USA) is the originator and developer of Somatic Experiencing® and the President of the Foundation for Human Enrichment. He holds doctorate degrees in both Medical Biophysics and Psychology. During his forty plus year study of stress and trauma, Dr. Levine has contributed to a variety of scientific, medical, and popular publications. His best selling book, „Waking the Tiger; Healing Trauma“, is available in 24 languages. He is author of „It Won't Hurt Forever“, a guide to the prevention and healing of trauma with children. Together with Maggie Kline he published: „Trauma-Proofing your Kids“, a parents' guide to instilling confidence, joy and resilience. The culmination of his life's work you find in „In An Unspoken Language“, where he explains the nature and transformation of trauma in the body, brain and psyche. His latest book „Trauma and Memory“ tackles the most difficult and controversial question whether we can trust our memories or not. Peter was a consultant for NASA during the development of the Space Shuttle, and has taught at hospitals and pain clinics in both Europe and the U.S., as well as at the Hopi Guidance Center in Arizona.*

**TERMS OF PARTICIPATION:**

I herewith register for this special 3-part training on the basis of the terms and conditions indicated below. Registration shall be binding. For cancellations up to a maximum of 21 days prior to the first module of this training, a service fee in the amount of CHF 100.00 shall be payable. Should you cancel your participation for this training later than 21 days before the first module begins, the entire training fee shall be payable unless you provide us with a replacement before the start of the first module. These terms shall also apply in the event of sickness. Any insurance cover that participants might consider to obtain shall be their own responsibility.



**Registration:** I herewith register for this special 3-part training with Peter A. Levine, PhD, on the basis of the terms and conditions indicated above. Start: June 17<sup>th</sup>, 2024. Total costs for three modules: 4200 Swiss Francs.

I am a repeater of the following module(s): .....

First name: ..... Last name: .....

Street: ..... Zip-Code: .....

Profession: ..... Phone: .....

Email address: .....

Place, date: ..... Signature: .....